### Meet your new ally in blood pressure management.

One in three Americans has high blood pressure, according to the American Heart Association. If you're one of them— or at risk but not yet diagnosed—regular monitoring of your blood pressure is an important tool in managing your condition.

Home monitoring makes it convenient. Welch Allyn Home™ makes it accurate and easy.

With the Welch Allyn Home Hypertension Program, you take home readings on a clinically validated device from the leader in vital signs. Then you share your results with your doctor—automatically, if they're participating in the program. It's the solution designed for superior accuracy and simplicity to give you the best shot at better health.

### Your individualized monitoring plan

(To be completed by a care provider in your doctor's office.)

#### Your recommended cuff size:

Standard wide (included with blood
pressure monitor)
Extra small
Extra large

### Your instructions for monitoring:

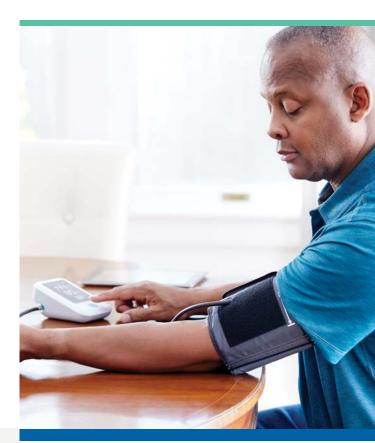
Time of day:

Frequency:

Other instructions:

### WelchAllyn® MHome®

### Hypertension Program



Trusted in the doctor's office, made for the home

### Order online at WelchAllynHome.com

Enter the following code to receive

\$20 off

the purchase of a Welch Allyn Home blood pressure monitor

Coupon code: ThanksDoc20

### WelchAllyn®

Welch Allyn, Inc. 4341 State Street Road Skaneateles Falls, NY 13153-0220 USA

WelchAllynHome.com

The Welch Allyn Home™ software is not intended for use in the diagnosis, cure, treatment or prevention of disease. It is not intended as a substitute for medical care by a healthcare provider. It is not intended for emergency use or real-time monitoring. Apple, the Apple logo, and App Store are trademarks of Apple Inc.

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# Working together to improve your health.

Welch Allyn is the brand recognized by doctors for superior quality in vital signs monitoring (look for our logo in the exam room during your next visit). Now, that attention to quality and accuracy comes home with the Welch Allyn Home Hypertension Program.

### This *physician-trusted* home solution has three components.

#### For you:

#### **Blood Pressure Monitor**—

Based on the technology used by your doctor, but with one-button operation for accurate results in just 20 seconds<sup>1</sup>



Easy to use

Free App—Automatically and securely sends your readings to your doctor, as well as stores and tracks results for you.



Easy to connect

### For your physician:

Clinical Portal—Provides direct connectivity, which is proven to help get patients to their target blood pressure.<sup>2</sup>



Clinical accuracy

<sup>1</sup>Welch Allyn. Home blood pressure monitor motion tolerance clinical study—research summary. Manuscript, August 2016. <sup>2</sup>Green B et al. Effectiveness of Home Blood Pressure Monitoring, Web Communication, and Pharmacist Care on Hypertension Control. JAMA 2008;299(24):2857-2867.



to accurate blood pressure reading with the Welch Allyn Home device—fastest on the market<sup>1</sup>



success rate in presence of motion (other devices don't tolerate motion)<sup>1</sup>



of physicians surveyed would recommend a Welch Allyn blood pressure device over comparably priced options<sup>1</sup>



## Getting started is easy.

#### Order your device online.

- Follow the link in the email sent by your doctor's office—or go directly to WelchAllynHome.com
- Enter the coupon code for \$20 off
- Pay by FSA, HSA, or credit card

#### Get connected.

- Follow the email link to download the free app from Google Play™ or the App Store®
- Pair your device with your smartphone

#### Send your readings automatically.

If your doctor is participating in the program:

- Accept your doctor's request in the app to follow your progress
- Every time you take your blood pressure, your results will be sent automatically and securely—to your doctor

Learn more at WelchAllynHome.com

